

GOLD DES MEDAL CHEFS PLATES EN OR

Presented by | présenté par **Deloitte.**

Kristian Eligh Wins Gold Medal Plates and helps athletes GO FOR GOLD!

Culinary Award Winners

Gold: Kristian Eligh (Hawksworth Restaurant), paired with Meyer Family Vineyards 2012 Tribute Series Chardonnay 'Kelly Hrudehy' Old Main Road Vineyard.

Silver: Wesley Young (Wilbebeest), paired with Cedar Creek 2011 Platinum 'Block 2' Pinot Noir.

Bronze: Terry Pichor (Sonora Resort), paired with Kanazawa Winery 2012 Nobu

Best of Show Award Winners

Gold: Lake Breeze 2010 Tempest Bordeaux Blend

Silver: Tinhorn Creek 2010 Oldfield Series Pinot Noir

Bronze: Meyer Family Vineyards 2012 Tribute Series Chardonnay 'Kelly Hrudehy' Old Main Road Vineyard

Victoria, BC (October 30th, 2014) – Chef Kristian Eligh of Hawksworth Restaurant in Vancouver proved his culinary prowess tonight taking home the gold award at the Victoria 2014 Gold Medal Plates competition held at the Victoria Conference Centre. Chef Eligh went head-to-head with 8 of British Columbia's finest culinary masters at the prestigious culinary competition and will go on to compete at the Canadian Culinary Championships, the Gold Medal Plates Finale, in Kelowna on February 6th and 7th, 2015.

Chef Eligh wowed the judges with a dish of confit pork neck, granny smith apple, puffed Avonlea cheddar and mache, which was paired with Meyer Family Vineyards 2012 Tribute Series Chardonnay 'Kelly Hrudehy' Old Main Road Vineyard.

Chef Wesley Young of Wilbebeest, rose to the occasion as well, taking the silver medal with a boudin of duck breast and confit leg, duck liver espuma, fig puree, truffled potato sarladaise, blanched Tokyo turnip, crispy duck skin and sage crumb, paired with Cedar Creek 2011 Platinum 'Block 2' Pinot Noir.



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Taking the bronze medal was Chef Pichor of Sonora Resort. His dish was Sonora “Dashi” with pickled kelp, pine mushrooms, ling cod, Dungeness crab, and sea urchin paired with Kanazawa Winery 2012 Nobu.

“We felt the standard had really lifted this year when compared to last,” said National Judge James Chatto. “The top 3 or 4 could have gone either way and it was a tough decision. Ultimately, Chef Kristian Eligh’s dish was simple but vivid with a great wine match which gave him an edge over his competitors.”

“Elated” was Chef Kristian Eligh’s response to his win. “It is an incredible feeling. This is my hometown. To win here with my family and friends is what means the most.”

In the wine category, the Best of Show Awards went to Lake Breeze 2010 Tempest Bordeaux Blend (Gold), Tinhorn Creek 2010 Oldfield Series Pinot Noir (Silver) and Meyer Family Vineyards 2012 Tribute Series Chardonnay ‘Kelly Hrudey’ Old Main Road Vineyard (Bronze)

Music for the evening was provided by Ed Robertson of the Barenaked Ladies, Juno Award Nominee Danny Michel, Dustin Bentall and Daniel Lapp.

The other chefs competing in Victoria were: from Victoria, Stephan Drolet (Camille’s at 45 Bastion Square), Jeff Keenlside (The Marina Restaurant), Garrett Schack (Chateau Victoria Hotel), Morgan Wilson (Fairmont Empress); from Oliver, Jeff Van Geest (Miradoro at Tinhorn Creek Winery); and from Penticton, Chris Remington (Penticton Lakeside Resort).

Gold Medal Plates is the ultimate celebration of Canadian excellence in food, wine, athletic achievement and entertainment. In addition to the finest food and excellent music, guests had the opportunity to mingle with 21 celebrated Olympians such as



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Dylan Armstrong (Athletics), Simon Whitfield (Triathlon), Adam Kreek, James Byrnes, Dean Crawford, Brenda Taylor and John Wallace (Rowing) and Olympic Gold and Silver Medalists Tessa Virtue and Scott Moir (Figure Skating) who emceed the event.

“It’s inspiring to see the pillars of the Victoria community supporting a Canadian and International movement. Ticket holders in Victoria recognize that athletes who learn to respect the rules on the field, rink or water of play will respect the broader rules of society when they grow up.” Adam Kreek, Two Time Olympian and Olympic Gold Medalist.

Proceeds from Gold Medal Plates go to the Canadian Olympic Foundation, supporting programs that further Canadian high performance athletes' pursuit of excellence on the world stage – programs like Own The Podium and the COC’s Athlete Excellence Fund. Since 2004, Gold Medal Plates has generated over \$8.2 million for Canada's Olympic athletes.

Judging the 2014 competition in Victoria was: James Chatto (Head Judge), Andrew Morrison (BC Senior Judge and Judge/Referee), Gary Hynes, Sinclair Philip, Shelora Sheldon and last year's Victoria winner, Chef Brian Skinner. Each dish was judged out of 100 points, based on visual presentation (20%), texture (20%), taste (30%), wine compatibility (10%), originality (10%) and wow factor (10%).

Gold Medal Plates Victoria also featured a silent auction as well as a live auction, with spectacular getaways with Olympians and Canadian entertainers to destinations such as South America, Provence, Scotland, Tuscany, New Zealand and Kelowna for the Canadian Gold Medal Plates finals – the Canadian Culinary Championship.

For more information, visit the Gold Medal Plates website www.goldmedalplates.com.



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